

NEWSLETTER

?aqsukutnamu

Kinship Care | Indigenous Family Enhancement Program Services | Young Adult | Early Years | Cultural Connections Mental Wellness | Guardianship | Intake | Prevention | Aboriginal Support | Family Support | Child Protection



7472 Mission Road - Cranbrook, BC 250-489-4563

Chief Joseph Centre Baker St. Baker St 1007 Baker Street - Cranbrook, BC 250-489-4563



830 Simon Road - Creston, BC 250-428-7414



3048 Koot. Hwy 93/95 - Windermere, BC 250-342-6379

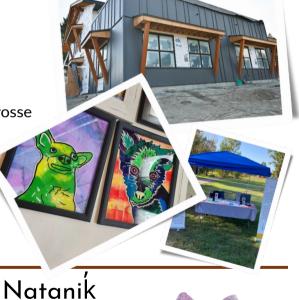
Kuģukupku Kuku Sģumu K¢i‡miti‡ģ‡ikwa?it Ku?‡makaku lune July September August

ki?su?k kyukyit

The Ktunaxa Kinbasket Child & Family Service Society is committed to working collaboratively with Aboriginal families and communities of the Ktunaxa Traditional Territory to increase their ability to fulfill their responsibilities for caring for their children in a culturally relevant and holistic manner.

Content

- 2023 AGM Postponed
- Wellness Fair
- Cranbrook Arts Council
- The Haudenosaunee Lacrosse
- Mental Wellness
- Lower Kootenay
- Foundry East Kootenay









Contact Us

Open Monday to Friday from 8:30AM to 4:30PM After Hours: 1-800-663-9122 or 250-310-1234

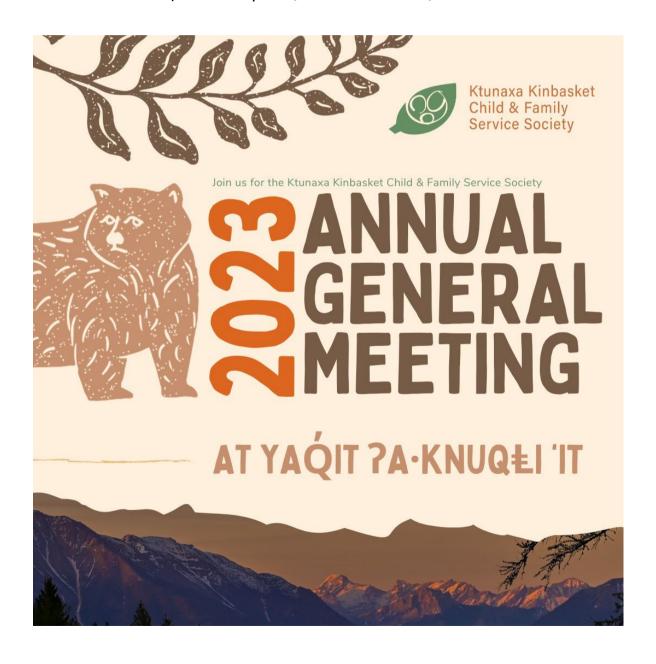
Kids Help Line: 1-800-668-6868



2023 Annual General Meeting

The KKCFSS AGM was postponed because our resources were turned to supporting ?aqam in any way possible due to the wildfire in July.

The original date, July 25th at 10 am was changed to September 29th, 1 PM at Yaáit ?a·knug‡i 'it (Tobacco Plains).





Wellness Fair

The event

The event was held in the Baker Park Field on September 9th from 9 am until 1 pm. It was a community effort that was hosted by Axis Family Resources and featured many prominent community resources including Chief Joseph Centre - KKCFSS.



Our booth was operated by Brayden Stairs and Debie Htay. They explained our resources to various members of our community and created a dialogue that could also be shared with friends or family that may have use of our services.

We handed out many different information pamphlets that members of our community could take away and help promote our services with various members of the community.





Cranbrook Arts Council



Family Art Group

Monthly Family Art Group Collaborated with the Arts Council to provide a No Cost art activity once a month to Families. This month was Funky Colorful Pet Portraits.

Supporting teenagers can be challenging, especially during the summer when some might not show up.

Despite the Fires and Evacuations in our community, we've adjusted our programs to support everyone. We are determined to keep making a difference and help teenagers thrive, no matter what challenges come our way.



Photos from Cranbrook Arts council Instagram: @artscranbrook



The Haudenosaunee Lacrosse

Lacrosse Experience

The Haudenosaunee Lacrosse happened this summer on August. This experience take Indigenous youth from 7 to 17 years old back in time. Participants learn about the Origins of The Creators Game, The Art of Stick Making.



It's an opportunity to play with Wooden Sticks, then participate in fun interactive skills, drills and thrills. A chance to learn from World level coaches, managers and players who have been playing all of their lives.





Kids learn about the importance of water and nutrition. Understand why it's a medicine and healing game, plus have some fun contests and drills to test their skills and knowledge!









Mental Wellness

Connecting to Nature

Mental Wellness Team was focused this summer on intensive client sessions, regrowth and connecting to nature. This means working with individuals and families outside, in the forest, walking and time both in and by the water.

Individuals and families have let us know that being able to meet outside of the office space allows healing to occur in between sessions as the counselling work is translated to their natural spaces and environments. This has been especially important this summer as a response to the wildfire in Aqam and the ongoing grief and loss that has been experienced within the communities.

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The Mental Wellness team has been able to enhance connection with Caregivers support groups, youth healing circles and equine facilitated wellness individual and family group.

To access counselling in -

Aáam, Cranbrook, Kimberley and area walk-in intakes are available Fridays from 10 am – 2 pm at Chief Joseph Center (no appointment necessary). Alternative arrangements are available at (250) 489-4563 ext. 4021.

?akisqnuk, Shuswap, Invermere, and area by appointment at (250) 409-5104.
Yaqan Nukiy, Creston and area by appointment at (250) 431-8911 or (250) 428-7414 ext. 3314.
Yaqit ?a·knuqɨi 'it, Grasmere and area by appointment at (250) 489-4563 ext. 4021.



Lower Kootenay (Yaqan Nukiy)

Some Programs

The Drumming Program afternoons echoed with the rhythmic beats of our community drum group, led by the talented Rudy Luke Jr. Our LKB gym was alive with the spirit of music, welcoming children, youth, and families to join us. Whether to learn the art of drumming, practice their powwow moves, or simply enjoy each other's company, all were invited.

Our gatherings provided a unique opportunity to share cultural knowledge, adding depth to our drumming sessions. Though our numbers remained small, our dedicated attendees and drummers expressed their desire for this program to continue regularly.









We took advantage of the pretty outdoors of our community playing disc golf. We could enjoy the tranquility of paddle boarding thanks to Creston Valley Tour Co.

Another memorable afternoon despite a bit of thunder, we adapted our plans during a visit to the wildlife centre. A scavenger hunt kept us engaged as we explored the fascinating surroundings.

Inclusion was our priority. Our aim was to foster connections, inspire participation, and leave a positive imprint on our youth.

Thank you for being part of our vibrant community.



Foundry East Kootenay

Exciting News

We are thrilled to share the latest progress on our summer construction endeavours.

We are pleased to report that all drywall installation on the top floor has been successfully completed. Flooring installation on the top floor has also wrapped up, marking a significant milestone. Work on the t-bar has commenced and is progressing steadily.

On the main floor the drywall installation has been finalized, creating a solid foundation for our upcoming activities. Flooring installation is well underway, with significant portions now completed.

Our exterior project is currently at around 60 percent completion, and we continue to make strides in enhancing the building's overall aesthetic. Excitingly, we have scheduled the exterior concrete work to kick off at the beginning of October, ensuring that our facilities will be in prime condition for the upcoming season.















Foundry East Kootenay

In a major development, we are thrilled to announce that we've secured a contract for 1.0FTE (Full-Time Equivalent) family physician time for our center. This is fantastic news, especially for the youth who rely on our services at FEK.

The momentum is building, and we are delighted to see our project taking shape beautifully. Our valued partners are equally enthusiastic about the collaboration with FEK, and we look forward to achieving great things together.

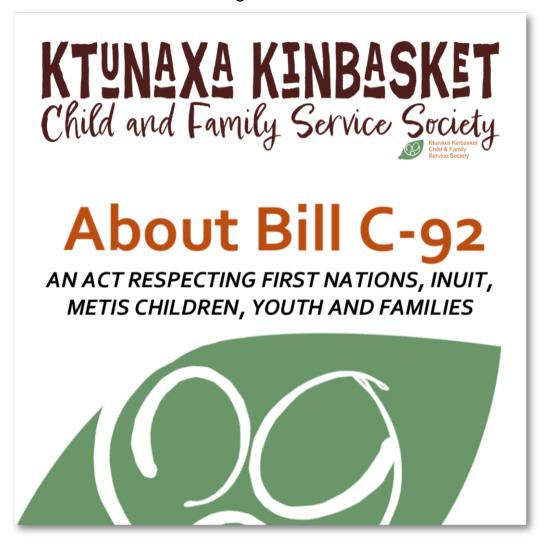






Learn more about Bill C-92

Questions about Bill C-92? Visit our website at kkcfss.org/about-bill-c-92



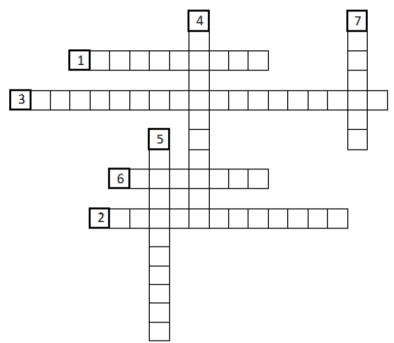
Feedback and comments

If you have any comments or questions or
would like to host an information
session in your community, please email or phone:
Julie Birdstone at Jbirdstone@ktunaxa.org or
Chelsea Hollingshead at Chelsea.Hollingshead@ktunaxa.org
(250)489-4563

Crossword

Solve and learn from Ktunaxa Language

- 1. June
- 2. Summer
- 3. August
- 4. September
- 5. Watermelon
- 6. Sun
- 7. Butterfly



If you solve the puzzle, share on social media and tag us!

FOLLOW US @kkcfss















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